

# SEIZURE EMERGENCY CARE PLAN

To Be Completed by the Health Care Provider

*CAM School District*

*1000 Victory Park Road*

*Anita, IA 50020*

*712-762-3231 712-762-3713 (fax)*

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
School: \_\_\_\_\_ Homeroom Teacher: \_\_\_\_\_  
Parent/Caregiver Name: \_\_\_\_\_ Phone (home): \_\_\_\_\_ (cell) \_\_\_\_\_  
Address: \_\_\_\_\_ Phone (work): \_\_\_\_\_  
Health Care Provider Treating Student for Seizure: \_\_\_\_\_ Ph: \_\_\_\_\_

## To provide assistance to a pupil experiencing a seizure: If You See This

Type of Seizure \_\_\_\_\_  
Triggers which start a seizure \_\_\_\_\_  
Possible seizure signs \_\_\_\_\_  
Usual length of seizure \_\_\_\_\_  
Other: \_\_\_\_\_

### Do This

- Help the student to the floor, and place student on his or her side, if drooling or vomiting
- Place something soft and flat under the student's head.
- Stay calm.
- Do not try to stop the seizure, or hold the child down
- Stay with the student until the seizure ends, comfort and allow him or her to rest afterwards.
- \*Reorient the child.
- Notify parents, and document what happened in child's file.
- Clear any objects out of the way.
- \* Loosen any tight clothing.
- Monitor the student's breathing.
- Don't put anything in the student's mouth.
- Look at the clock and see how long the seizure lasts.
- If the child had a febrile seizure, be sure to begin to cool the child with cool cloths.
- OTHER: \_\_\_\_\_

### CALL 911 if...

- Absence of breathing and/or pulse
- Seizure of 5 minutes or greater duration
- Two or more consecutive (without a period of consciousness between) seizures which total 5 minutes or greater
- Continued unusually pale or bluish skin/lips or noisy breathing AFTER the seizure has stopped

I authorize school personnel to implement this Seizure Emergency Plan as described above.

Health Care Provider Signature \_\_\_\_\_ Date \_\_\_\_\_

I give my consent for school authorities to take appropriate action for the safety and welfare of my child. I give my consent for school authorities to communicate with the authorized health care provider when necessary. My child does not need services

Parent/Caregiver Signature \_\_\_\_\_ Date \_\_\_\_\_